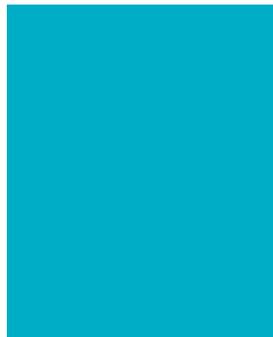


The NHS in England in November 2013 Commissioning Diabetes and Obesity Services

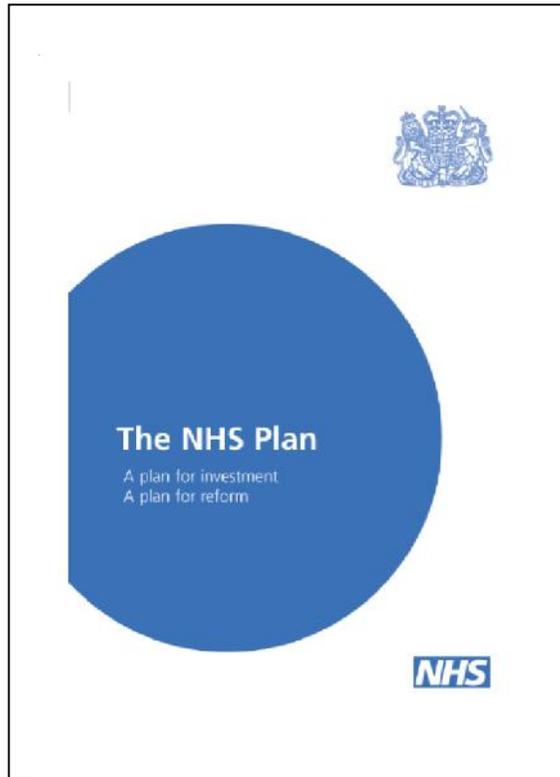


Jonathan Valabhji
National Clinical
Director for Obesity
and Diabetes



Journey so far

2000-2007
Build capacity



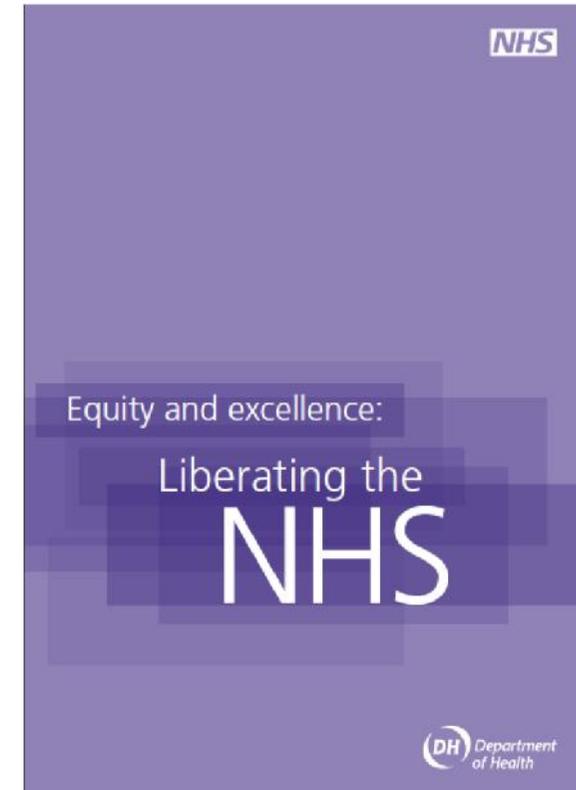
NHS Plan

2007-2010
Focus on quality



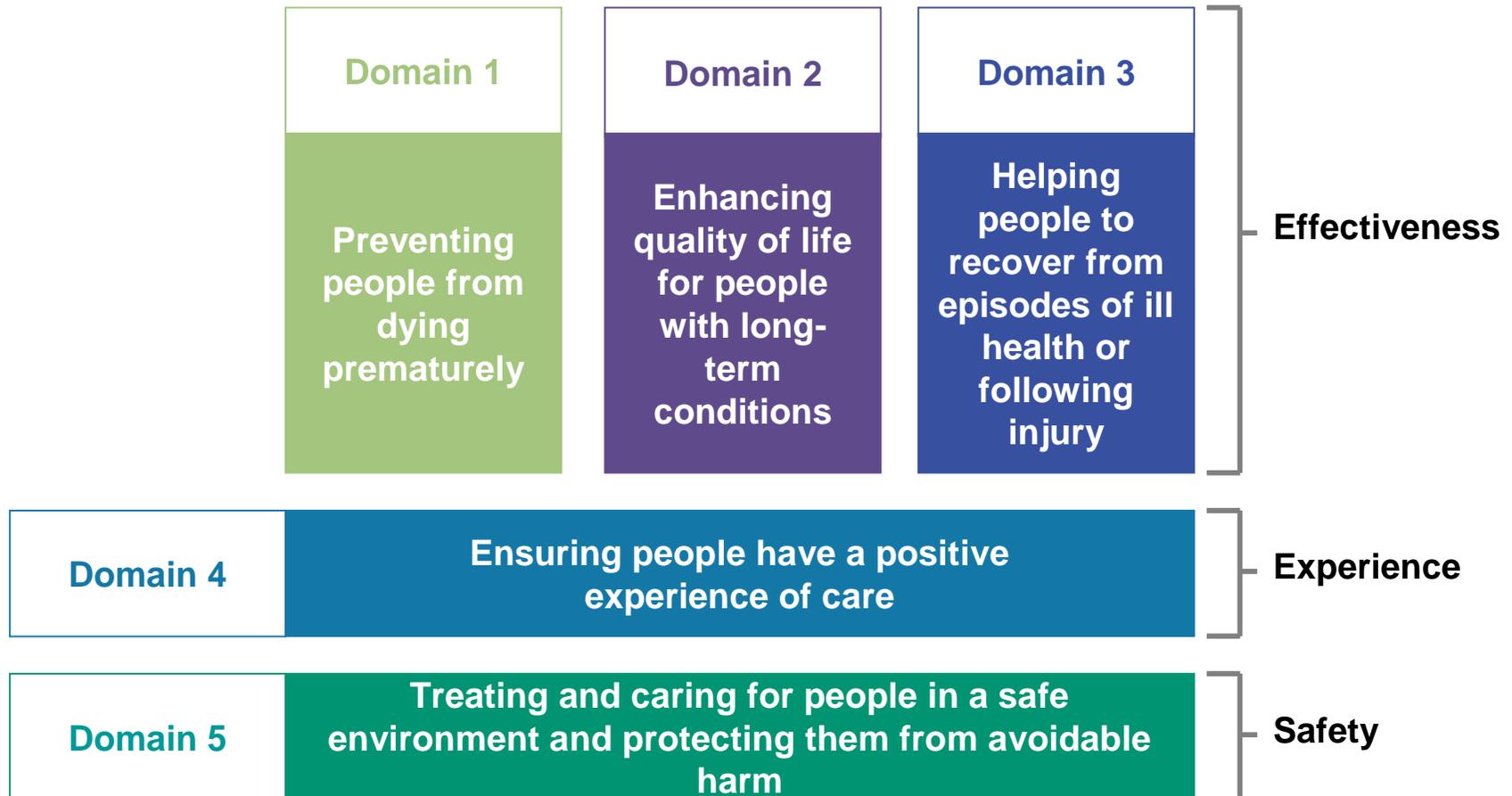
***High Quality Care
for All***

2010-present
Deliver better outcomes



***Equity & Excellence
Liberating the NHS***

NHS Outcomes Framework



NHS Improving Quality

NHS IQ

Improvement body

Supports commissioners to achieve good outcomes

Replaces:

- NHS Diabetes
- NHS Kidney Care
- National Cancer Action Team
- National End of Life Care Programme
- NHS Improvement
- NHS Institute for Innovation and Improvement

New Commissioning Roles

NHS England

Direct commissioning roles for:

- Primary Care **(£13 billion)**
- Specialist Services **(£12 billion)**
- Justice Services
- Armed forces health

CCGs (n = 211)

Directly commission secondary care (including non-elective services) + community care **(£65 billion)**

Clinician participation

Clinicians in Primary care

CCGs

Clinicians in Secondary Care

NHS England – CRG membership

CCG secondary care representative

Strategic Clinical Network membership

Clinical Senate membership

Academic Health Science Networks

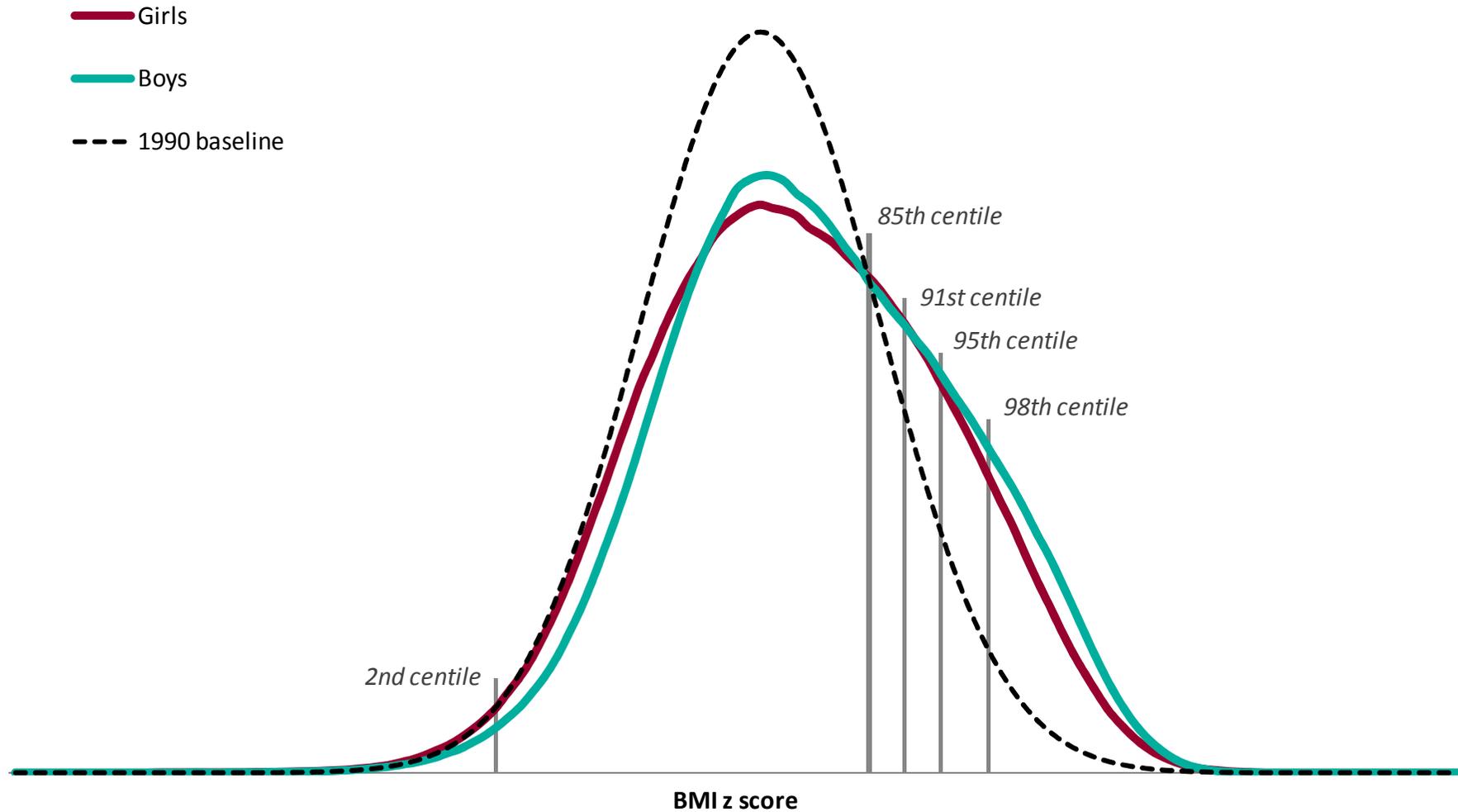
Strategic Clinical Networks

- **Cardiovascular disease (cardiac, stroke, diabetes, renal)**
- **Maternity and children's services**
- **Mental health, dementia and neurological conditions**
- **Cancer**

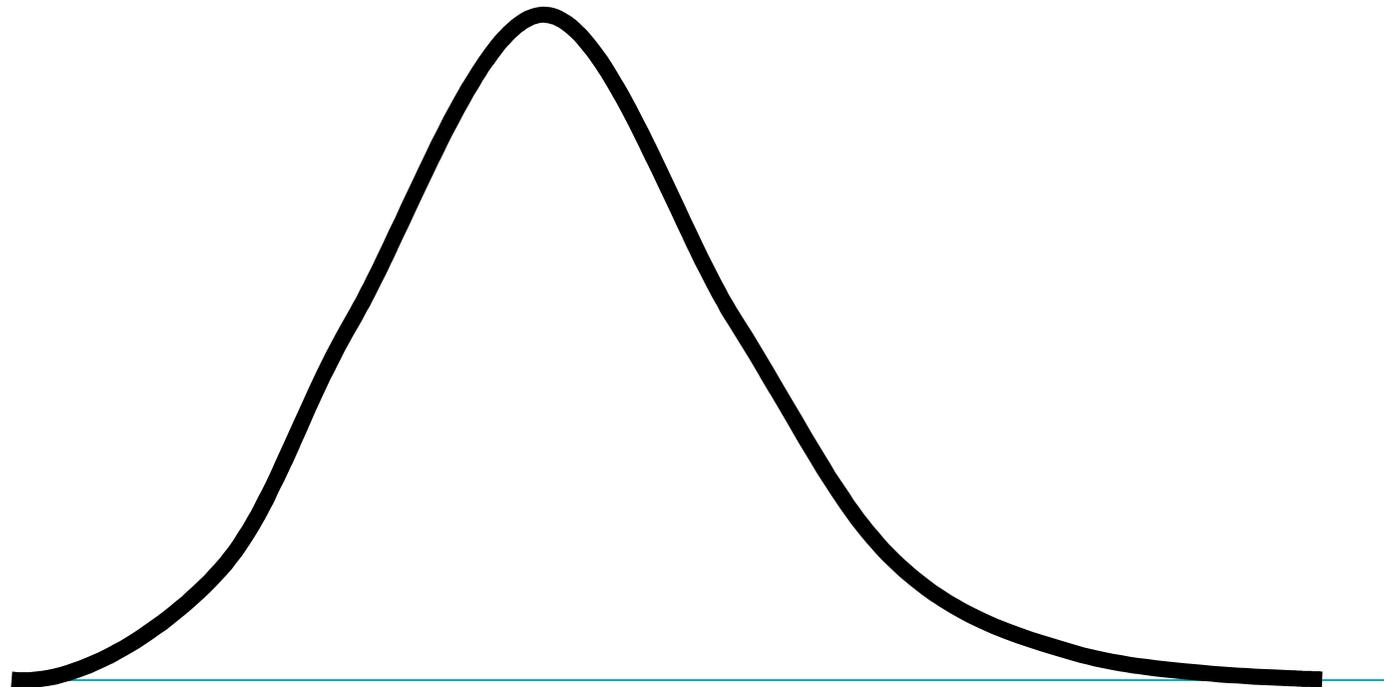
Commissioning Obesity Services

BMI distribution: Year 6 children

National Child Measurement Programme 2011/12

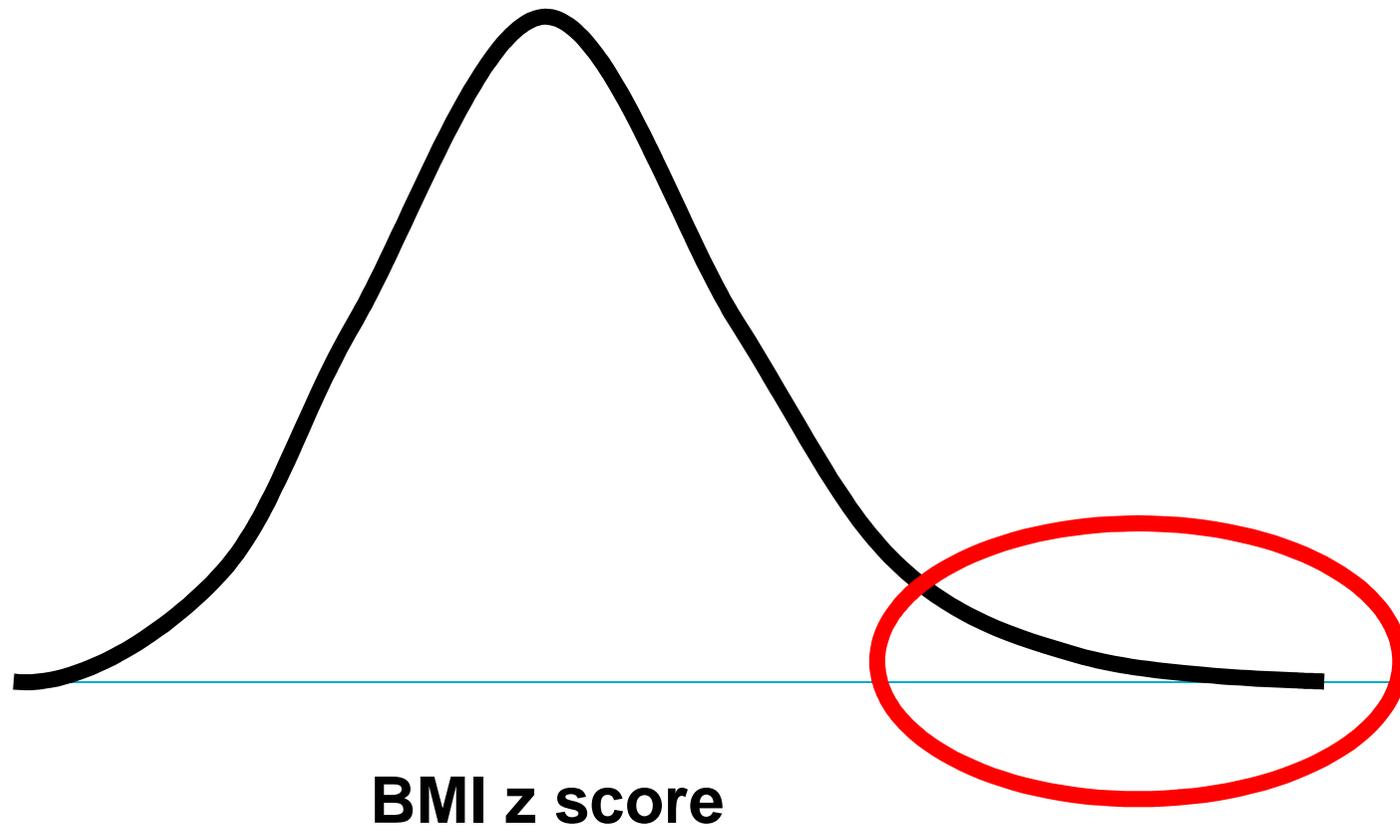


Population distribution - BMI

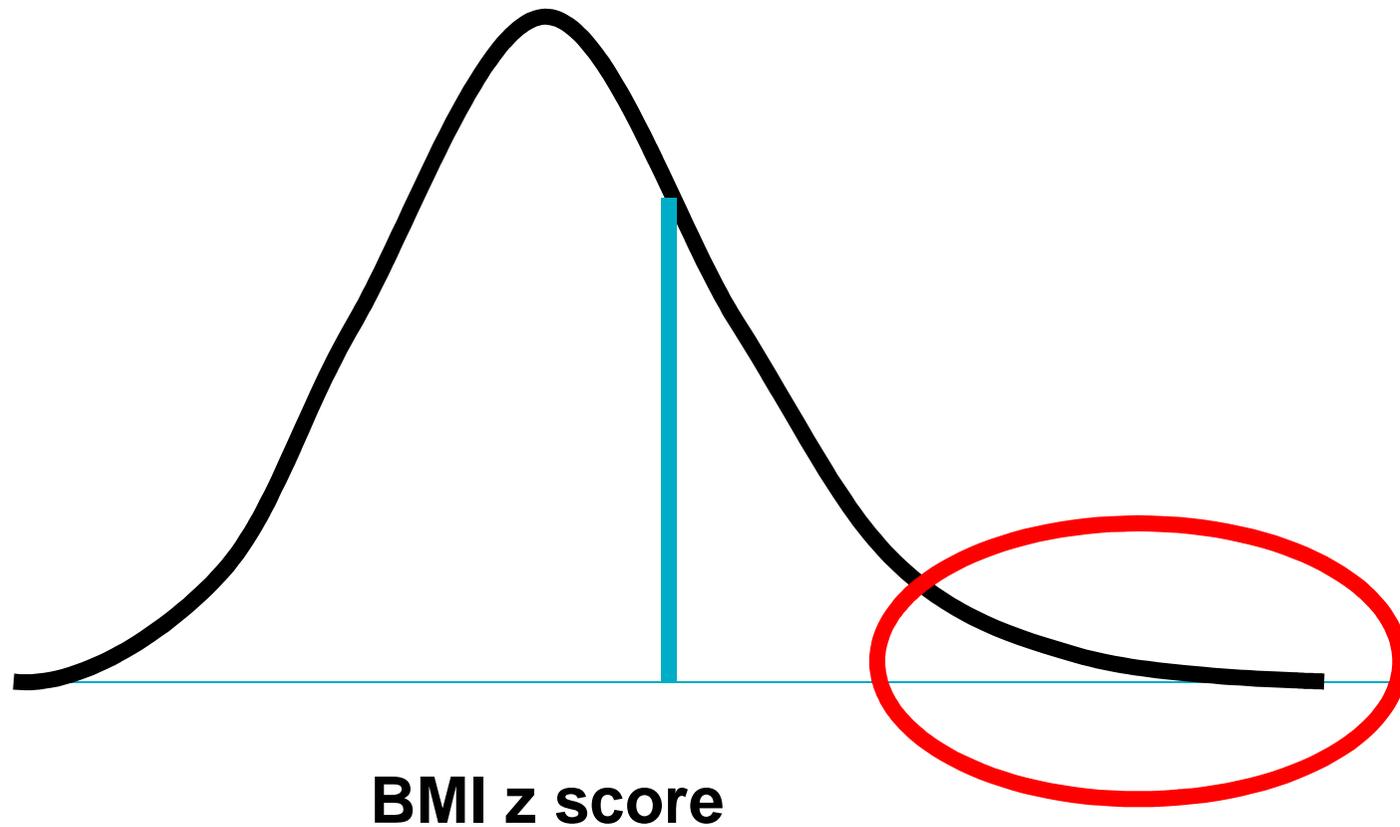


BMI z score

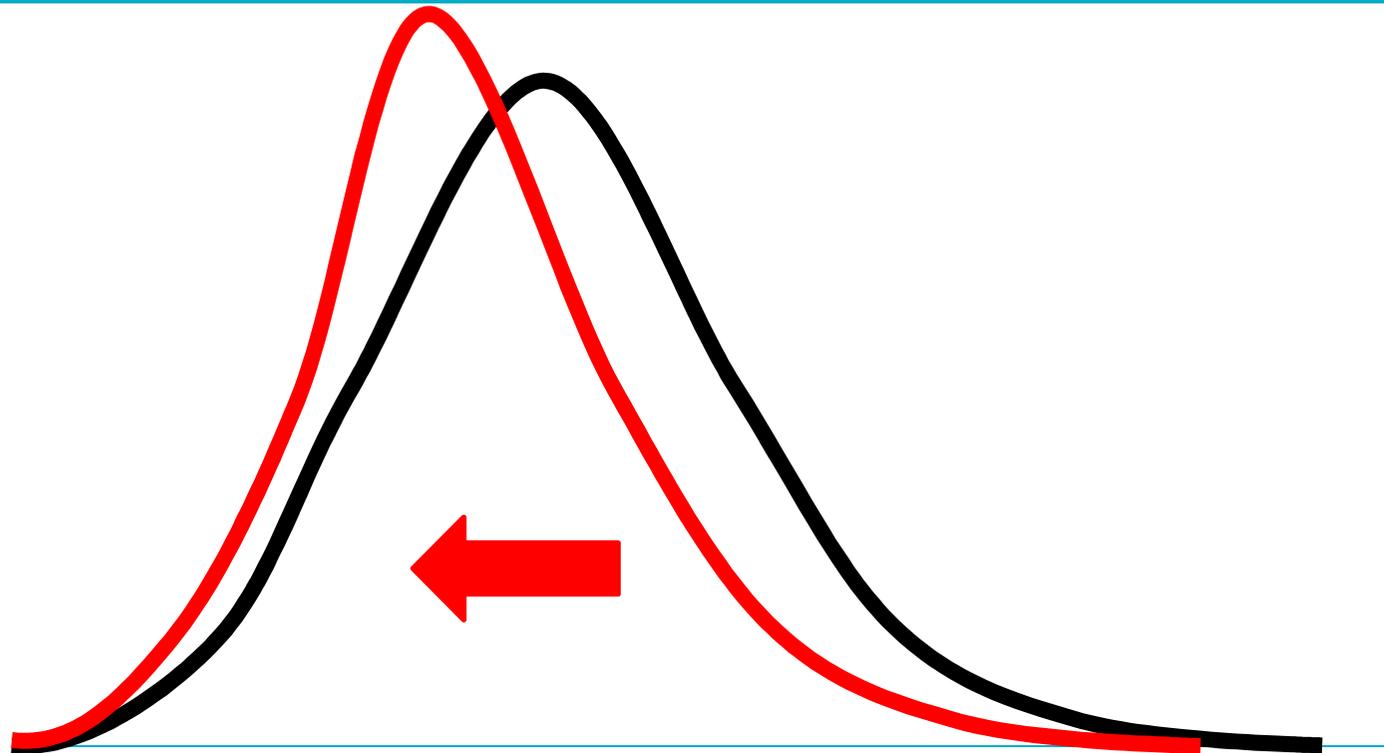
Tackling Obesity - Healthcare



Tackling Obesity – NHS Health Checks



Multi Agency Approach



BMI z score

Structure of Delivery of Obesity Services

- **Tier 1** Prevention strategies + health promotion
(Primary responsibility = local authorities / PHE)
- **Tier 2** Interventions for weight management eg. commercial programs, exercise on referral, dietetic services, community pharmacy, community care, GP
(Primary responsibility = local authorities / PHE)
- **Tier 3** Multidisciplinary team (MDT) – clinician led
**(Primary responsibility = ? local authorities / PHE
? CCGs)**
- **Tier 4** Specialised complex obesity services (including bariatric surgery)
(Primary responsibility = NHS England)

Commissioning Diabetes Services

Achieving Integrated Care

Provider	Commissioner
Primary Care	NHS England
Community Care	CCGs
Secondary Care	CCGs
Tertiary Care	NHS England
Social Care	Local Authorities

NICE Quality Standards

Pilot Project

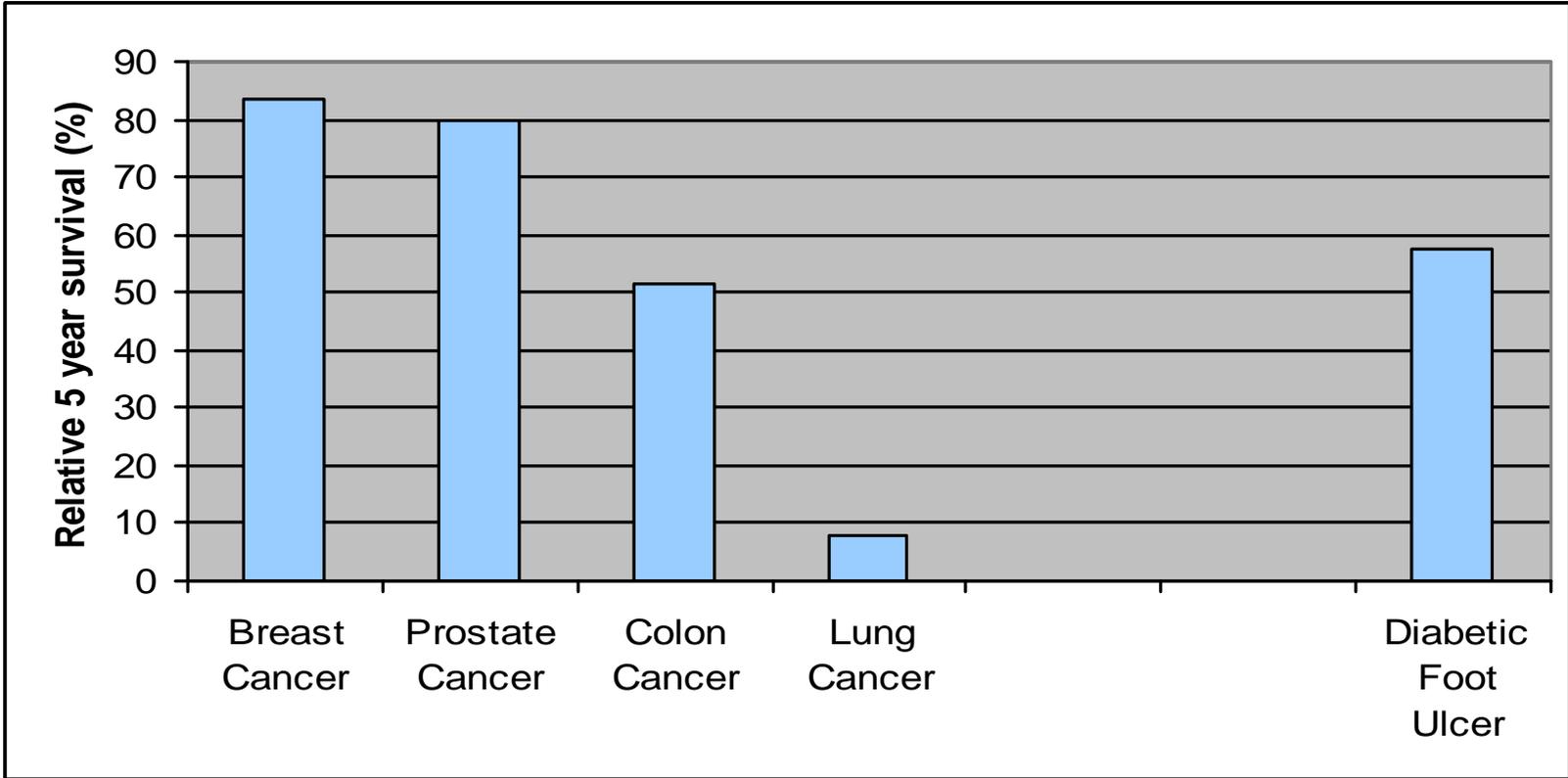
Create service specifications to meet NICE Quality Standards

- Diabetes
- End of life care
- Thromboembolic disease

Diabetes – National Priorities

- **Prevention / early diagnosis / finding the undiagnosed**
- **Manage people well / self-care**
 - people empowerment, care planning
 - 9 care processes, 3 targets
- **Effective management of those with complications**
 - integrated care
 - multi-morbidity
 - manage CVD / prevent premature mortality

Example: High premature mortality associated with diabetic foot disease



Diabetes – National Priorities

- **Transition services – poor engagement / attendance**
- **Type 1 diabetes care**
- **Psychology services – “parity of esteem”**
- **Inpatient diabetes care – Francis + Keogh Reports**

Mortality in inpatients with diabetes

Holman N, Hillson R, Young RJ. **Excess mortality during hospital stays among patients with recorded diabetes compared to those without diabetes.** *Diabet Med* 2013; doi: 10.1111/dme.12282 [Epub ahead of print]

- Excess risk of dying in hospital of 6.3%
- 37% of the variability in mortality for those with diabetes at a trust could be attributed to variations in mortality for all patients at that trust
- Mortality for those with diabetes was significantly greater at small and medium acute trusts than in large and teaching acute trusts
- 16 outlier Trusts (6 of 16 also 6 of 14 in the Keogh Report)