

# RODDY'S STORY



- ***Polite Notice:***
- *The information presented here represents the view and opinions of the speaker & not necessarily those of Animas & LifeScan United Kingdom & Ireland. However the author/ myself and Johnson & Johnson would like to make transparent that there does exist a consultancy agreement between the two parties.*













# TOUR OF IRELAND





# HIGHLAND CROSS 1997





# DIABETES SYMPTOMS

- SEVERE WEIGHT LOSS OVER 8 WEEKS
- CONSTANTLY IN TOILET
- SEVERE THIRST
- BLURRED VISION

# WEEK OF BEING DIAGNOSED





# WHY MDS?









Monarch.co.uk

Ouarzazate

MON9068

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4 Apr



# TARTAN ARMY BIVOUAC





# SUNDAY STAGE 1-23 MILES



# TWO BLISTERS ON BALLS OF MY FEET









# STAGE 2 - 19 VERY HILLY MILES















BG 3.7mmol/L- 6.3mmol/L





# TUESDAY STAGE 3-23 MILES











# WEDNESDAY STAGE 4- 48 MILES















# THURSDAY REST DAY







04/08/2013 17:39







EMAILS HELPED SOO MUCH







# FRIDAY MARATHON STAGE







# BOB THE BUILDER



The fun is in getting it done!

## Owners' Workshop Manual



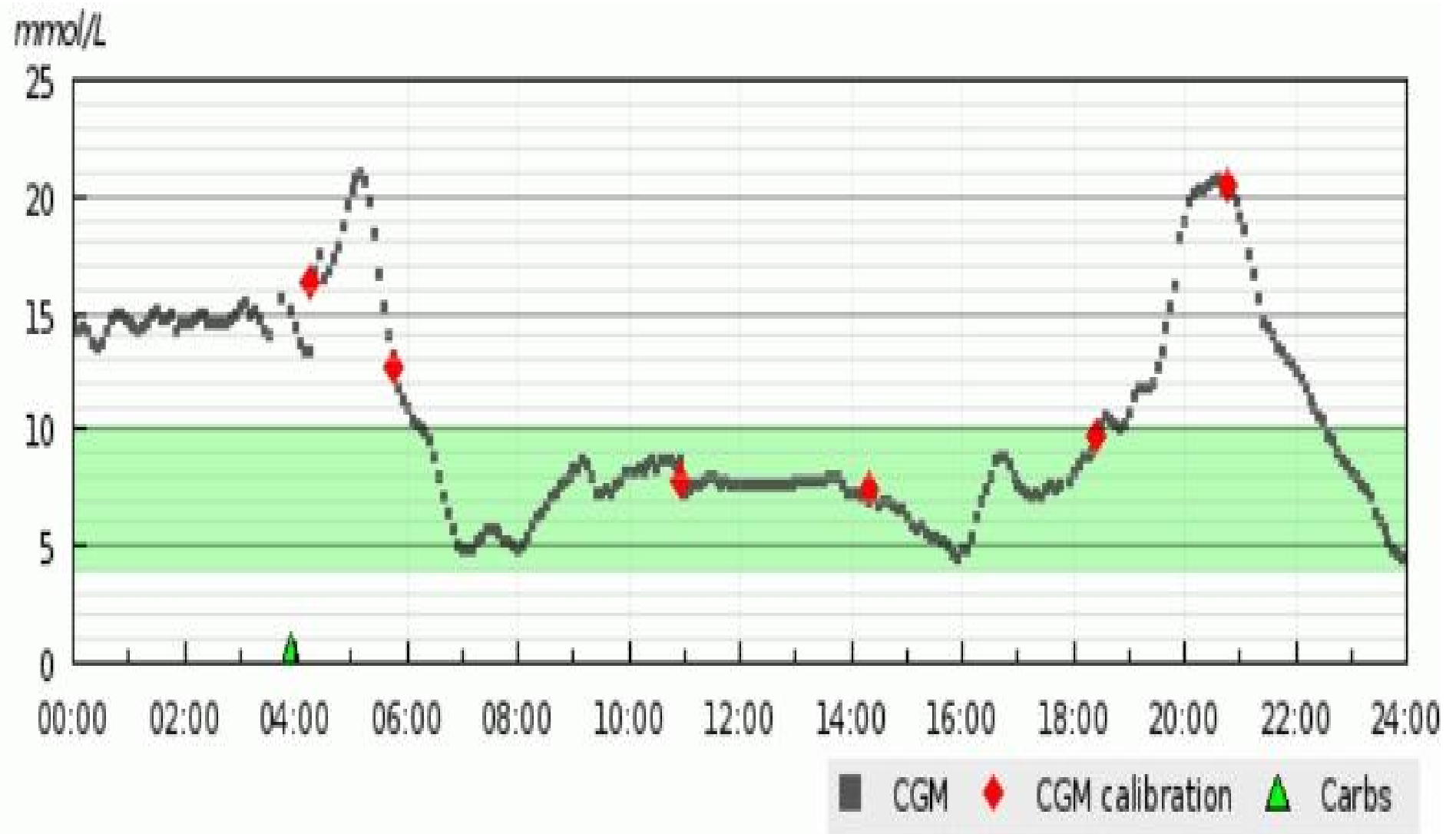
# Highland Fling 53mile Ultra Marathon







# Saturday 26/4





# 72 miles Great Glen Ultra.



6633 and my missing bag.





# 352 miles 6633 Ultra Marathon from Eagle Plain to Tuctoyaktuk.



# Arctic Circle 1<sup>st</sup> Checkpoint.





Lying in 2<sup>nd</sup> place after day one.



23 miles of windy mountain section.





Convinced I was lost after leaving PJ  
and ended up doing 96 miles.



## 2<sup>nd</sup> day of Hallucinations and Jonny.





# Ice road trucker.





Disaster 10 miles in.





2 wheeled Pulk a mistake.



# On the famous ice road.







# Cracking ice road.





A long lonely road.







Frost nip.





**6633 Arctic Ultra** added 20 new photos — at **Northwest Territories Border**

Yesterday at 19:31 · 🌐

Roddy Riddle - one of the undoubted heroes of the 2016 edition of the 6633 Arctic Ultra. Never once allowing the fact that he is a type 1 diabetic to get in the way of his participation, he did himself proud. To finish this monster of an event you need a little bit of luck on your side, but on this occasion that didn't come Roddy's way and alas he had to pull from the race on the Ice Road - but if he can work his charm on his wife, we might well see him back in 2017 to see him finish off what is very capable of doing.



